



## 2019 Ravens L.I.F.T Application Form

### Name

First: \_\_\_\_\_ Last: \_\_\_\_\_

### Contact Information

E-mail Address: \_\_\_\_\_

Preferred Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

### School Information

School Student is Currently Enrolled In: \_\_\_\_\_

Education Level:  Freshman  Sophomore  Junior  Senior

School Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

### Sport Information

Sport(s) Student Participates In: \_\_\_\_\_

Coach's Name(s): \_\_\_\_\_

Athletic Director's Name: \_\_\_\_\_

### Info Source

How did you hear about L.I.F.T.?

Facebook  Twitter  Team Website  Referral by Coach/Athletic Director  Other

### Transportation

If selected, will you have transportation to the Ravens Under Armour Performance Center (1 Winning Drive, Owings Mills, MD 21117)?  Yes  No

### Medical History

Please list any allergies or medical conditions that we should be aware of:

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## 2019 Ravens L.I.F.T Essay Form

**In this part of the application, you will be asked to answer the following questions:**

**Why do you hope to be selected for L.I.F.T. and what do you hope to gain from the experience?**

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**What qualities do you think make a strong leader?**

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**Give an example of a time in your life when you encountered adversity and elaborate on how you were able to overcome it.**

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